

**Milford Regional
Healthcare
Foundation**

Making a Difference in the
Health of our Community

focus

Illuminating Hope for the Holidays

The holiday season is a time to celebrate life, and it was in that spirit that Milford Regional Healthcare Foundation hosted its annual lighting of the Tree of Life on December 7, 2009, to honor cancer survivors and remember those whose battles with cancer were unsuccessful.

THE 2009 TREE OF LIFE CELEBRATION was modeled on the successful events of years past. Attendees began the evening with refreshments and entertainment in Milford Regional's Atrium Café. Mick Hirsch, pastoral chaplain in the Cancer Center, provided inspirational readings that evening. Before proceeding outside to light the tree, guests enjoyed the beautiful sounds provided by a few members of the Claflin Hill Symphony Orchestra as they mingled amid an atmosphere of holiday cheer.

Another long-standing tradition of the event is for a cancer survivor who is well known in the community to light the tree. The 2009 honoree was Henry Kogut, with his wife, Berta. Kogut's courageous and successful struggle against cancer served as an inspiration to others involved in their own battles with the disease and the family members and friends who support them.

The Impact of Generosity

The funds raised at the event went to support the Oliva Patient Comfort Fund, which helps provide necessary services for cancer and hospice patients. More than \$12,000 was raised at the Tree of Life in 2008, and thanks to the generosity of our community,

donations in 2009 totaled more than \$12,800, a figure made all the more remarkable considering the poor state of the economy.

We would like to thank all those in the community who helped raise funds for the 2009 Tree of Life, and we look forward to another inspirational event in 2010.

○ Visit www.milfordregional.org and select "Supporting MRMC" then "Events" to read more about the 2009 Tree of Life celebration.



Dr. Mona Kaddis saying a few words



Babe Oliva and Gina Oliva Tarolli of Oliva's Market in the audience at the Tree of Life celebration



Silver angels and luminaries lit by generous donations



(from left) Frank Saba, CEO of Milford Regional; Berta Kogut; Henry Kogut; and Ed Kelly, president of Milford Regional (Kogut was the honoree at the event, along with his wife, Berta, who lit the Tree of Life.)

Coming Together to Make a Difference

THE EMPLOYEE GRANTS Program was established in 1989 to fund employee-identified needs that enhance the quality of patient care as well as the work environment at Milford Regional and Tri-County Medical Associates. Through the generous support of Milford Regional employees, this fund has supported more than \$40,000 in initiatives that have made a real difference in patient care, atmosphere and working environment for the Milford Regional family.

Gifts to this fund, which is now called the Colleague Giving Campaign, are directed by the Colleague Giving Committee to address the employee-identified needs at Milford Regional Medical Center. Colleagues have joined this important effort by making a pledge

or cash donation to fund important employee-directed projects. They know Milford Regional well, and they know what can make a difference.

Their financial support helps resources to be put to work in a very special way. Funds raised via this program have helped to purchase and support items and programs such as:

- DVDs for infusion and maternity patients
- end-of-life and breastfeeding educational materials
- JTECH PeopleAlert™ wireless messaging system
- mammography screening clinic
- smoking cessation program
- Up with Youth program

Donating to the Foundation

Gifts to the Milford Regional Healthcare Foundation do not have to come in the form of cash. The Foundation can accept a wide variety of donations, including:

- closely held stock
- life insurance
- retirement plan assets
- savings bonds
- securities

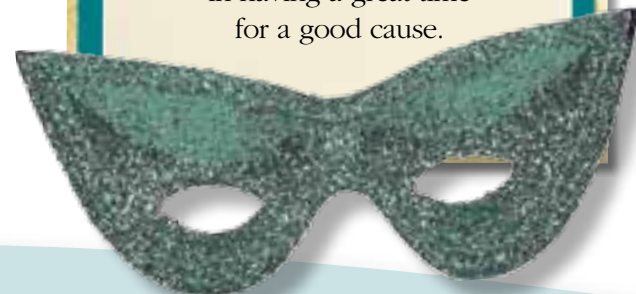
○ To learn more about other donations the Foundation accepts, visit www.milfordregional.org/foundation.



- 1** The Baby Anne® Manikin is a lifelike infant CPR trainer used in maternity and childbirth education services.
- 2** This stretcher for the ultrasound department is one of many pieces of much-needed equipment purchased as a result of the Colleague Giving Campaign.
- 3** Rolling walkers like this one help patients in the rehabilitation services department get back on their feet following an injury or surgery.
- 4** This clinical care recliner enables a patient to rest comfortably while receiving medication through infusion in the infusion therapy department.
- 5** The BiliChek® Noninvasive Bilirubin System helps maternity staff ensure infants' levels of a compound called bilirubin are not elevated enough to cause damage to the brain and other problems.

Moving Melange Is Moving!

THIS POPULAR EVENT usually hosted in the spring will be held in fall 2010. Stay tuned for further details about the date, time and location for Melange and plan to join Milford Regional in having a great time for a good cause.



Meet Carol Colpitts

As the new Gift Shop manager at Milford Regional Medical Center, Carol Colpitts hopes to revamp the store to complement the newly renovated Medical Center.

CAROL, WHO HAS YEARS of experience in the retail industry, previously worked in a local gift shop and as a buyer for a mail-order catalog.

“The position of Gift Shop manager allows me to do what I enjoy most—locate different and unusual pieces of merchandise,” Carol says. “One of the aspects of my job I like best is finding items I think my customers will really enjoy. I have a passion for attending tradeshows and searching the market for unique gifts.”

Come on In

Located just off the Medical Center’s main lobby, the Gift Shop features a number of special items for patients and guests. Come in and you will find gourmet chocolates, an assortment of home décor, newborn baby gifts, fresh flowers, jewelry, magazines, newspapers and greeting cards.

○ To learn more about the Gift Shop, visit milfordregional.org and select “About Us.”



Carol Colpitts, Gift Shop manager at Milford Regional

In her spare time, Carol Colpitts enjoys spending time with her family and attending her sons’ hockey and baseball games. Carol also likes playing tennis, going on walks and cooking—especially baking.

Your Center for Sports Medicine

Milford Regional Medical Center is pleased to announce the opening of its state-of-the-art Rehabilitation and Sports Medicine Center.

SPANNING NEARLY 7,000 square feet, the Medical Center’s newly opened Rehabilitation and Sports Medicine Center features a larger gym, additional treatment rooms for physical and occupational therapy, and top-of-the-line diagnostic and therapeutic equipment. Included in the new equipment is the area’s first CYBEX Trazer® system, an advanced video game that helps patients perform strength training and conditioning by simulating daily work and activities. Many thanks to CYBEX for their generous donation of equipment to make this project a reality.

Caring for the Community

In addition to the extra space available in the new facility, patients have access to the capable and friendly staff already associated with the Medical Center’s sports medicine department. Combining the latest technology with the expertise of Milford Regional’s staff, the new Rehabilitation and Sports Medicine Center will get patients on their feet and back in the game.

“Thanks to this brand new facility, the Medical Center can further its mission of providing the best possible healthcare services,” says Martin Richman, vice president of philanthropy and executive director of the Milford Regional Healthcare Foundation. “Our investment in the most advanced services and technology is an investment in the health and well-being of the people in the community.”

○ For more information about sports medicine services at the Medical Center, visit www.milfordregional.org, click the “Health Services” tab, then click “Rehabilitation & Sports Medicine.”



Therapists at the Rehabilitation and Sports Medicine Center help patients get back to their active lifestyles.



Thanks to a generous donation from CYBEX, Milford Regional’s Rehabilitation and Sports Medicine Center has leading-edge equipment.



1903-2010 Milford Regional Auxiliary Still Going Strong

With contributions to Milford Regional totaling more than \$1 million, the Milford Regional Medical Center Auxiliary has been one of the Foundation's largest donors for more than 100 years.



Milford Regional Auxiliaries (left to right) Grace Lavalley, Ernestine Iannitelli, Sue Gallagher and Andra Stone welcomed guests to last year's Taste of the Towns event.

FOUNDED IN 1903, at the same time as the Medical Center itself, the Auxiliary was originally composed of wives of the Medical Center's physicians. Today's Auxiliary is composed of volunteers from all the communities the Medical Center serves. Even many of the Medical Center staff members are actively involved in the organization's activities.

In order to raise the money it donates to the Foundation, the Auxiliary hosts numerous events and fundraisers throughout the year. From Medical Center lobby sales to Taste of the Towns, the Auxiliary's biggest annual affair, members are dedicated to providing events the community has come to know and love.

"People enjoy Taste of the Towns because they're able to try a little of everything from each of the participating restaurants," says Martin Richman, vice president of philanthropy and executive director of the Foundation. "The Taste of the Towns event was held last September, had more than 300 attendees and raised nearly \$9,000."

○ *If you're interested in joining the Auxiliary, e-mail vol@milreg.org or call 508-422-2263.*